

# Girls Empowerment Workshops

We all have superpowers...discover yours!



## Workshops include:

- Personal empowerment sessions with horses
- Resume writing and interview skills
- SMART Goal setting and vision board activities
- Build your social and emotional toolkit
- 'Dress for Success' styling session

No experience needed. Participants partner with horses from the ground!



For girls in years 10, 11 and 12

**Easter School Holidays April 21st & 22nd 10am - 3pm**

Terrey Hills, Sydney

Choose the workshop that suits you best,  
or **SPARK YOUR FUTURE** and join both!



## Fast Track Your Future! Thursday 21st April

- Write a knock out resume
- How to ace an interview
- 'Dress for Success' styling

## My Dream Life! Friday 22nd April

- Vision board workshop
- Empowerment activities
- Communication exercises

Both days include personal empowerment sessions with our  
magnificent herd of horses + plenty more!!!

BE YOU!



Girls can attend Thursday or Friday, or  
join both for maximum benefit!